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– Traditions –

Why is Cinco de Mayo more popular in America than in Mexico?

his weekend, people across the country will gather to celebrate Cinco de Mayo. The holiday has become ingrained in the American calendar, and in 2005 Congress passed a resolution calling on the president to recognize the historical significance of the holiday. However, in Mexico the holiday is primarily celebrated in only one of the country's 31 states. So, why is Cinco de Mayo more popular in America than in Mexico?

The real story of Cinco de Mayo weaves together two wars—the French intervention in Mexico (also known as The Maximillian Affair) and the American Civil War. On May 5, 1862, defending Mexican forces under Ignacio Zaragoza defeated Napoleon III's French

army at Puebla, one of the most important Spanish colonial cities in Mexico. At the time, the French army was considered to



be the most powerful fighting force in the world, and the unlikely Mexican victory resulted in a decree by then-Mexican President Benito Juárez that a celebration of the battle be held each year on May 5th. Cinco de Mayo was born, but it was about to be kidnapped.

the

As

French were making with Mexico, the American Confederacy was courting Napoleon's help in its conflict with the United States. At the time of the Battle of Puebla, the Confederacy had strung

together impressive victories over the Union forces. According to some historians, the French, who made war with Mexico on the pretext of collecting debt, planned to use Mexico as a "base" from which they could help the Confederacy defeat the North, and the Mexican victory at Puebla made the French pause long enough for the Union army to grow stronger and gain momentum. Had the French won at Puebla, some contend, the outcome of the American Civil War could have been much different.

Since then, the holiday has grown, specifically after a wave of Mexican immigration into the United States following the Mexican Civil War. As Mexican immigrants flooded into the American southwest, they joined in the festivities with their fellow Mexican-Americans who were already living in the United States without really knowing the story behind the holiday, and over time the date came to be a showcase of Mexican ethnic identity rather than a celebration of the battle against the invading French forces.

In an interview, Jody Agius Vallejo, a sociology professor at the University of Southern California, explained the Cinco de Mayo phenomenon this way: "It's very similar to how Irish-Americans celebrate St. Patrick's Day," said Vallejo. "One way they can honor their ethnicity is to celebrate this day, even when most don't know why."

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COMMUNITY —

Cinco de Mayo celebrations to take place across Washington

By Fernando Aceves tú Decides correspondent

The aromas of Mexican food and the sounds of Latin rhythms are set to fill the air this weekend throughout the state of Washington, and for that part, throughout many regions of the country.

Cinco de Mayo, a Mexican holiday celebrating a military victory in battle over French forces on May 5, 1862, is by far much more celebrated here than it is south of the border. Other than the Mexican state of Puebla – where the famous Battle of Puebla took place – Cinco de Mayo celebrations are quite limited in other parts of Mexico. In the United States however, large festivals are organized in parts of the country with large Hispanic populations, and the state of Washington is no exception.

Although originally a Mexican holiday, the date has taken on new meaning here in the U.S., with many people viewing it as a celebration of Hispanic culture in this country.

The Sunnyside Chamber of Commerce has been organizing a 3-day Cinco de Mayo festival in downtown Sunnyside for the past 26 years, and it is billed as the "largest Cinco de Mayo celebration in Washington." Hundreds of vendors line the streets and thousands of people attend the event over the three days.

"We have a lot of activities similar to other Cinco de Mayo celebrations in the state and around the country, like a parade, food vendors and live music," Pam Turner, director of the Sunnyside Chamber of Commerce, said. "But we also have a long history and unique aspects that make us special and among the most well-known festivals of any kind in the Northwest."

Also in the Yakima Valley, the Yakima Hispanic Chamber of Commerce has been and will be organizing their tenth annual two-day celebration in that city's downtown.

In Seattle, El Centro de la Raza will celebrate its tenth annual Cinco de Mayo event on Saturday, May 2nd from 3:00pm-8:00pm.

"Cinco de Mayo is an opportunity for us to share our rich Mexican heritage as we celebrate alongside the diverse communities of Seattle," Estela Ortega, Executive Director of El Centro de la Raza.

The festivities will take place at the Jefferson Community Center on 3801 Beacon Ave S. The admission will be free and food will be for sale.



File photo of a man preparing for the "charro" competition at the annual Cinco de Mayo celebration in Sunnyside, Washingon. **Photo by Fernando Aceves**



- HEALTH ----

Don't wait until it hurts



By Robert (Bob) Baemmert, DDS Specializing in Dental, Prosthodontics

the eight children in my house the rule was; "Dentistry is expensive, so we only go if it hurts". While I understand why my poor parents felt that way, it never ceases to amaze me how wrong that attitude was.

I have been a dentist for thirty-three years and I have spent most of my professional career repairing the extensive damage that tooth decay has caused while people were "waiting for it to hurt". The reality is that if one waits for decay to cause pain, it is already too late for conservative fillings to solve the problem. A tooth that hurts will likely have decay into the nerve and will require root canal

therapy, a build-up, and a crown to keep the tooth. Altogether, the result is a huge bill over \$3,000 for that one tooth. Having the tooth removed is the only other option and if the tooth is replaced by an implant in the future, it will likely cost about \$5,000.

Over the span of my career I have seen and practiced with many remarkable advances in dentistry. The largest advance however, has been how the public's attitude has changed toward dentistry. Parents seem more willing to bring their children in for regular check-ups and they are seeing the value in prevention. We could say the biggest recent advance in Dentistry is the increase in the patient's "Dental IQ". Way to go folks! You are getting smart! You are not waiting for it to hurt before coming in to the dentist.



OUR FAITH

Leadership and the Young Multicultural Leader

By Dr. Joseph Castleberry

oses ... went out to visit his own people ... and he saw how hard they were forced to work. During his visit, he saw an Egyptian beating one of his fellow Hebrews. After looking in all directions to make sure no one was watching, Moses killed the Egyptian and hid the body ... The next day, ... he saw two Hebrew men fighting. "Why are you beating up your friend?" Moses said to the one who had started the fight. The man replied, "Who appointed you to be our prince and judge? Are you going to kill me as you killed that Egyptian yesterday?"—Exodus 2:11-14, NLT

Moses had a surprise that many young immigrants, as well as children and grandchildren of immigrants experience today. Assimilated to Egyptian culture lressed like them, strutting around like hem, speaking with their accent, probably speaking Hebrew badly-Moses felt like like quite the nobleman among Hebrews on the street. Touched by the unjust situation his people suffered, he wanted to defend them. He assumed that there woul be a natural solidarty among all Hebrews. What a double surprise when he saw that they not only fought among each other! In addition, he had also failed to impress them with his "heroic defense" of their racial dignity when he killed the Egyptian slavedriver!

In our time, the children of some immigrants experience a cultural transformaion, especially when their parents have enjoyed economic success in the new country. They have grown up among the majority race, they have attained an impressive education, but they have lost much of the culture and the original language of their family. Either in the university or on the street, they have become aware of the injustice many of their people suffer and they commit themselves to making a difference. But they get a surprise when the "newly arrived" do not immediately accept their leadership or their offer of help.

The well-assimilated and the newcomers can offer mutual benefit to each other by associating together, but if they do not manage the situation well, feelings can get hurt and relationships can



break up. Moses' errors cost him 40 years of exile, but with a dose of wisdom, young multicultural leaders can avoid such problems. The first step for those who want to help immigrants is to establish a respectful personal relationship with them. Dramatic or extremist acts (like killing the Egyptian) are not recommendable first steps.

Although young leaders may have a lot to teach others, in the majority of contexts, they do better to learn first. No one likes a know-it-all, much less a young one. When Moses returned from Midian with a divine commission to liberate his people, he came back with gray hairs and experience as a foreigner and immigrant. He had more right to speak and to be heard.

Young multicultural leaders have a lot to give. They shouldn't despair if recent immigratures do not listen to them immediately. With time and wisdom, their moment will come.

Copyright©2013 by Joseph L. Castleberry. http://www.inmigrantesdedios. org; joe@josephcastleberry.com

Dr. Joseph Castleberry is President of Northwest University in Kirkland Washington. He is the author of Your Deepest Dream: Discovering God's Vision for Your Life and The Kingdom Net: Learning to Network Like Jesus. Follow him on Twitter at @DrCastleberry and at http://www.facebook.com/Joseph.Castleberry.

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- STATE

Teacher tackled teen during Washington high school shooting

LACEY, Washington (AP)

government teacher is being hailed as a hero after tackling a 16-year-old student who fired two shots into the air Monday at a Washington state high school, police and students said.

No one was injured after the teen shot toward the ceiling in the school commons at North Thurston High School in Lacey, about 60 miles southwest of Seattle, authorities said. The shooter is in custody.

Brady Olson, who teaches Advanced Placement government and civics, stopped the shooter, according to officials and students.

"If anyone in the school were to do something like he did, I would think it would be him," said Teia Patan, 17, who saw the shooting but did not see Olson tackle the gunman. "He's one of those people who watch over kids."

Patan was swept into a classroom and then escorted out of the building after the shooting. He described his high school as a nice, calm school, with no bullying.

"When it was happening, I first thought it has to be fake," said Patan, a senior in one of



Parents and students walk away from an area at North Thurston High School Monday, April 27, 2015, where students were released to their parents after a shooting at the school earlier in the morning.

Olson's civics classes.

District spokeswoman Courtney Schrieve told The News Tribune newspaper that she also heard reports that Olson took down the gunman.

"He's a very large guy, he's a very popular teacher, and I can see him doing that," Schrieve

Patan said a friend of his reported talking to Olson after the shooting but didn't offer any more details.

SPORTS —

Dempsey's goal lifts Seattle past Portland 1-0

SEATTLE, Washington (AP)

Clint returned to Major League Soccer, his home debut with Seattle came against Portland.

The only hat trick of Dempsey's career outside of England came against Portland. And after scoring on Sunday night, Dempsey has scored in four straight matches against the Timbers.

It's becoming a trend to see Dempsey in the spotlight against the Sounders' biggest rival.

"Anytime you can score goals it always feels good but it's a little more special when you score one against a rival and especially game-winning," Dempsey said.

Dempsey again got the better of Portland, with a 77th-minute goal in the Sounders' 1-0 victory.

Nearly 40 years to the day of the first meeting between the Timbers and Sounders, Dempsey made sure Seattle would come away with the victory in the 89th meeting between the sides.



Seattle Sounders forward Clint Dempsey celebrates after scoring a goal during an MLS match on Sunday, April 26, 2015 in Seattle, Washington. Photo

by Braulio Herrera

Dempsey tapped in the rebound after Andy Rose's initial shot was saved by goalkeeper Adam Kwarasey. It was the second time in the last year that Dempsey scored on Kwarasey after beating Ghana's goalkeeper in the World Cup opener for the United States last June in Brazil.

Dempsey's goal was his fourth this

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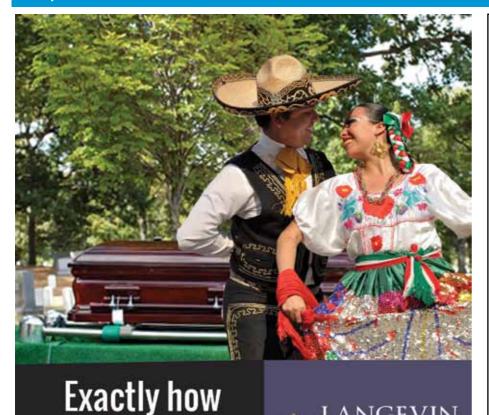
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The goal of EXPO is to engage the community and promote health and safety best practices at home and in the workplace. Through exhibits and demonstrations, the event provides EXPO attendees with information on safety awareness and living a safe and healthy lifestyle. EXPO 2015 is supported by the Department of Energy, Hanford contractors, PNNL and Hanford unions as part of the site's commitment to maintaining a safe environment for our workers and members of the community.

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Thousands of adults and children attend EXPO each year to learn about a variety of safety- and health-related products and equipment.

There will be many special activities designed for all ages including two very popular events:

- Bicycle Rodeo—5:00-6:30pm daily (bicycles and helmets provided for all ages to participate)
- Vehicle Crash Demonstration illustrating the potential consequences of impaired or distracted
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– STATE ——

Officer who shot man in Pasco dragged him from fire

PASCO, Washington (AP)

ne of the officers who killed an immigrant farmworker in Washington state in a shooting that helped fuel the nationwide debate over police use of force had dragged the man away from his burning rental home just weeks earlier.

Antonio Zambrano-Montes, who in another case had pleaded with police to kill him, was sitting on the ground in January in a meth-induced trance near the fire when Officer Adam Wright found him, according to documents obtained by The Associated Press under public records requests.

Weeks later, Wright and two other officers shot Zambrano-Montes after he had been throwing rocks in a busy intersection in the southeastern Washington city of Pasco. Video footage that showed the man running away, then turning around with arms outstretched just as police unloaded, prompted months of protests. He was the third person killed by Pasco officers within six months.

The documents obtained by the AP shed new light on Zambrano-Montes' run-ins with police and his erratic, sometimes dangerous behavior.

While Pasco police say their officers generally receive more training than state standards require, records show only a half-dozen had taken an extended course on dealing with people in the throes of drug-abuse or mental health crisis — fewer than other departments in the region.

And none of the officers who shot Zambrano-Montes had that advanced training, the records show.

Despite the farmworker's contacts with police, the documents contain no record he ever wound up in counseling or treatment. In one instance last July, after Zambrano-Montes gouged his forehead with a knife and asked police to kill him, an



In this Jan. 22, 2015 photo, Pasco firefighters and Dean Perry, right, a Pasco police officer, help Antonio Zambrano-Montes, second from right, to an ambulance following a house fire in Pasco, Washington.

officer alerted a crisis response unit. It's unclear if anything came of it.

"They never referred him to any type of treatment whatsoever," said George Trejo, a lawyer for the man's family.

Meanwhile, Zambrano-Montes was floundering on the margins.

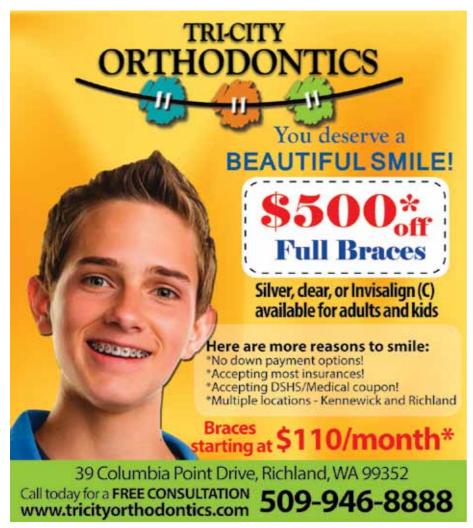
He had been living in the U.S. for a decade, and was estranged from his daughters and wife, who obtained a protection order against him. He had broken his wrists in a fall, had been out of work and despaired over his inability to send money home to his parents, his family said.

In January 2014, witnesses called police because he was hitting cars with a broom. He threw a mailbox at responding officers and tried to grab an officer's gun. He admitted taking methamphetamines and spent five months in the county jail.

On July 15, he cut his forehead and locked himself in a basement. Officers busted in. After a struggle, he said he wanted police to kill him. Medics sedated him before taking him to an emergency room

On Jan. 22, two city workers discovered Zambrano-Montes in his home as it burned. They walked him outside, where Wright soon found him and asked him to move. He didn't respond.

"Because he was so close to the fire, I grabbed the man and pulled him farther away for safety reasons," Wright said. A day later, when he was sober, Zambrano-Montes told him he'd been high on meth and probably started the fire accidentally.











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– SPORTS —

Unlikely, a knockout in the **Mayweather-Pacquiao fight**



In this Friday, April 24, 2015 photo, a man puts up advertising for the upcoming fight between Floyd Mayweather and Manny Pacquiao at the MGM hotel and casino in Las Vegas, Nevada.

LAS VEGAS, Nevada (AP)

Tommy Hearns understood what was expected from him the night 30 years ago when he stepped into the ring to face Marvin Hagler for the middleweight title.

There would be no running. There wouldn't even be that much boxing.

"I knew before I got in the ring I had to put a show on for the people," Hearns said. "I knew I had to get him or they would say something is wrong with Tommy."

Ring history was made that night in April 1985 in what may have been the best first round ever in a major title fight. Hearns and Hagler went toe-to-toe in fearsome exchanges that bloodied Hagler and eventually sapped the vaunted punching power of Hearns.

There's no evidence that Floyd Mayweather Jr. and Manny Pacquiao will put on anything close to the epic threerounder that was Hagler-Hearns. Mayweather has only one knockout in the last eight years, Pacquiao hasn't stopped anyone in nearly six, and there's a far better chance of them both fighting to the final bell of the 12th round than any other outcome.

But Hearns believes both fighters have to take risks they may not normally take, simply because of the magnitude of the richest fight ever.

"Mayweather has no authority to be Mayweather," Hearns said. "He has to be defensive, but he has to be offensive, too. People will be offended if he doesn't. People will lose their minds."

Though Pacquiao is a free swinger who built a career on stopping people in the ring (he's got 38 knockouts in 64 fights), Mayweather prides himself on winning while not getting hit. That sometimes makes for a dull fight, something he may feel forced to try and avoid because of the massive \$180 million payday he is expected to get.

"Floyd Mayweather is going to try and take Manny Pacquiao's head off. You can count on that happening," Mayweather's promoter, Leonard Ellerbe said. "He'll do it in a manner where he follows a game plan, but Floyd Mayweather is looking to finish him off. I strongly believe he will do

If Mayweather is uncharacteristically aggressive, that could play into the hands of Pacquiao, who needs to be able to find Mayweather in the ring to beat him. Still, oddsmakers in this gambling town make it nearly 3-1 that the fight will end with a decision.

"We'll keep him guessing when we're coming and we're not coming," Pacquiao trainer Freddie Roach said. "Floyd will be overwhelmed by the foot speed and the hand speed of Manny Pacquiao."

From my balcony

The ground is shaking ...is fracking at fault?

Dr. Lorena Barboza lorena.barboza@gmail.com

Mother nature is ready for payment. Earthquakes in Nepal and Japan, volcanic eruptions in Costa Rica, Mexico and Chile, more earthquakes in Texas, Oklahoma, Kansas, Colorado, New Mexico and Ohio...they're all warnings.

Some think that these events are the result of a process that has been implemented - with more frequency since

2009 - in many countries: fracking, a process of injecting liquid under high pressure into underground rock and wells to force open existing fissures for the extraction of oil or Lorena Barboza



Environmental organizations increasingly denounced the various effects produced by fracking in health, groundwater and the emission of greenhouse gases (methane), earthquakes (induced seismicity), noise pollution and landscape impacts, among others.

Because of these negative effects, nations such as France, Bulgaria, Germany, UK, South Africa, Czech Republic, Switzerland, Austria, Italy and Ireland have banned hydraulic fracturing. Meanwhile, the United States, Spain, China, Canada and Argentina are using this technique to exploit their resources.

In the US, opposition to fracking has been gaining strength, and even the documentary "Gasland" produced by Josh Fox shook public opinion to denounce excavation in 34 states, causing a seismological increase that the US Geological Survey (USGS) has ratified.

What a contradiction! As science and technology advance, we dedicate to destroy rather than build. We abuse nature and are reaching the limit. We can only hope that the quest to control the energy sources do not continue to produce more death and imbalance.

Have a happy week, and God bless!

Dr. Barboza invites you to visit her blog: hablandonosentendemos.podbeam.com, and to listen to "Creciendo con CBC" every Wednesday at 5:00 p.m. on "Mi Favorita"

Dave Says

Mortgage or save?

Dear Dave,

I just became debtfree, and I live in an apartment. I'm also 28 and single, and I make about \$75,000 a year. Do you think I should get a mortgage and go back into debt, or save



up and pay cash for a house? I'd like to keep the price of a new home around \$200,000, and I think I can save about \$15,000 a year.

— Kevin

Dear Kevin,

Congratulations on becoming debt-free! It feels awesome, doesn't it? When it comes to saving, how about rounding that figure up to \$20,000 a year? Going that route, you're only 10 years away from a nice, new paid-for home, and you're still debt-free. That's one way to do it.

I don't borrow money, Kevin. And I don't tell people to do things I won't do. The one exception to that is I don't vell at people for taking out a 15-year, fixedrate mortgage, where the payments are no more than 25 percent of your monthly take home pay. You could save like crazy for a couple of years and put down a really strong down payment on a home in the price range you're talking about. Then, you could pay off that house in 15 years max — or even sooner.

I don't have a big problem with it either way. But wouldn't it be great to be only 38 years old and still be completely debt-free?

— Dave

* Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books. The Dave Ramsey Show is heard by more than 8.5 million listeners each week on more than 550 radio stations. Dave's latest project, EveryDollar, provides a free online budget tool. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.

STATE -

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He had been living in the U.S. for a decade, and was estranged from his daughters and wife, who obtained a protection order against him. He had broken his wrists in a fall, had been out of work and despaired over his inability to send money home to his parents, his family said.

In January 2014, witnesses called police because he was hitting cars with a broom. He threw a mailbox at responding officers and tried to grab an officer's gun. He admitted taking methamphetamines and spent five months in the county jail.

On July 15, he cut his forehead and locked himself in a basement. Officers busted in. After a struggle, he said he wanted police to kill him. Medics sedated him before taking him to an emergency room.

On Jan. 22, two city workers discovered Zambrano-Montes in his home as it burned. They walked him outside, where Wright soon found him and asked him to move. He didn't respond.

"Because he was so close to the fire, I grabbed the man and pulled him farther away for safety reasons," Wright said. A day later, when he was sober, Zambrano-Montes told him he'd been high on meth and probably started the fire accidentally.



